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### Menu Ideas for a Traditional Shower

by Michele Adams and Gia Russo

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--excerpted from *Wedding Showers: Ideas and Recipes for the Perfect Party*

Wedding showers are about friends and family coming together to enjoy great food in a beautiful setting and honoring the bride-to-be with gifts and memories to last a lifetime. There are many ways to host this [special party](#), but this particular theme is perfect for the bride who would want a traditional shower. Inspired by the lavish afternoon tea parties of the Victorian period, this party updates tradition with a modern approach featuring coffee, tea, punch and delectable desserts displayed elegantly on a buffet table.

**Talk About It:**

Live discussions on the The Bride-To-Be message board

- Engagement Ring a Must?
- Hey ladies! Need some input...
- No Father of the Bride

### Hot Stuff

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**NEW:**  
Playmate tips for hot monogamy



The menu below is designed for a party of twenty guests, but it can easily be varied according to your needs.

Serve fewer items for a smaller crowd, eliminating a recipe or two.

These recipes will get you started:



[Pound Cake Squares with Mixed Berries](#)



[Double Chocolate Raspberry Cake](#)

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[Chocolate Mousse with Raspberries](#)

