



live well

## PARTY ON!

Throw the best backyard BBQ ever with this clever luau-inspired theme from Michele Adams, a Los Angeles lifestyle expert and cofounder of **MiGi**, a lifestyle brand.

### Hawaiian beach party

**ESSENTIALS** Beach umbrellas, beach towels, a beach bag, colorful paper lanterns, tropical leaves from your florist, tropical fruit, hula hoops, blender, mini-drink umbrellas, table for buffet



**THE SETUP** Arrange your buffet table near the grill. Layer it with tropical leaves and create a fruit centerpiece. Set up beach umbrellas in sunny areas on the lawn; fill a beach bag with rolled-up towels so guests can grab one to lounge on. Hang paper lanterns in the trees for extra pops of color.

**THE FOOD** Make a variety of skewers: shrimp and pineapple, chicken with peppers in peanut sauce, beef with a spicy sauce. Blend tropical drinks—Mai Tais or margaritas. *Laura Eckstein*

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